# Curriculum Vitae of LESYA A. DYK

#### **EDUCATION:**

Bachelor of Health Sciences, Occupational Therapy,	
McMaster University, Hamilton, Ontario	1989
Diploma in Occupational Therapy, Mohawk College of Applied	
Arts and Technology, Hamilton, Ontario	1988

## **CERTIFICATIONS:**

•	College of Occupational Therapists of Ontario; Registration G9300880	
•	Occupational Therapy Certification, O.T. Reg. (Ont.)	Since 1989
•	Assistive Devices Program Authorization, Mobility Category	1990 - 1992
•	Work Well FCE Systems	September 2008
•	CPR First Aid Certified	September 2011

## PROFESSIONAL ASSOCIATIONS:

•	College of Occupational Therapists of Ontario – Current sitting President	Since 1993
•	Ontario Society of Occupational Therapists (Regional Treasurer)	1989 - 1990
•	Ontario Society of Occupational Therapists	Since 1989
•	Canadian Association of Occupational Therapists	Since 1989
•	World Federation of Occupational Therapists	Since 1989
•	Hamilton Medical - Legal Society	Since 2005

#### **EMPLOYMENT HISTORY:**

# Maximum Independence, a bphealth clinic

March 2013- present; Hamilton, Ontario

Director of Rehabilitation

## Lesya Dyk, O.T. Services

March 1998 - March 2013; Hamilton, Ontario

Private practice occupational therapy services to the insurance and legal communities. Specializing in pain management, home visit assessments, work site assessments, specialized functional ability evaluations, and task assignments.

## Aetna Health Management

1995 to 1998; Burlington, Ontario

#### Occupational Therapist

Providing services to the rehabilitation community, including: functional abilities assessment; home-based functional evaluations; intervention and follow-up; work site evaluations; return to work programs; work site support services and case management; chronic pain management and consulting.

## Chedoke-McMaster Hospitals

1988 - 1995; Hamilton, Ontario

## Occupational Therapist, Pain Program 1989 - 1995

Providing a wide variety of occupational therapy services to the chronic pain program, including out-patient assessment and treatment services, in-patient program group and individual programming, day program group and individual programming, home visit assessments, work site assessments, medico-legal assessments and consulting.

## Medico-Legal Clinical Coordinator

## Day Program for Chronic Pain Management 1992 - 1994

To assess clients referred from rehabilitation consultants, insurance companies and lawyers, for readiness for the Day Program for Chronic Pain Management Marketing and Customer Service to the accounts. Administration liaison to management in hospital.

## **Acting Clinical Coordinator**

## Day Program for Chronic Pain Management 1994

Responsible for all aspects of program, including: staff of 10; program planning and implementation; marketing; administration liaison with hospital; staff and student supervision.

## Clinical Resource Specialist

## Occupational Therapy Department (.2 FTE) 1991 - 1994

Administer a quality circle of 18 occupational therapists within the management structure of the hospital's occupational therapy department. Policy and procedure development, hiring, professional issues, application of hospital policy, quality assurance.

## **Staff Occupational Therapist**

## School Health Support Services 1988 - 1989

Assessment and treatment in school and in-home of children with identified learning disabilities.

#### PROFESSIONAL DEVELOPMENT:

The 19th Annual Conference on Neurobehavioral Rehabilitation in ABI	2012
OSOT- Auto Sector Update Attendant Care Needs	2011
PGAP (Progressive Goal Attainment Program) Toronto	2011
HHSc Brain Injury Conference Hamilton	2010
Back to School with Thompson, Rogers and the ABI Network Toronto	2009
OSOT Assessment of Attendant Care Needs Conference	2009
OSOT Feel the RushHarness the Power! /Self Monitoring Diary	2008
OSOT Reflections of OT Practice and Partnerships	2007

OSOT Auto Sector Update – Pending Regulation Changes and the Impact on OT	2006
The Meaning of Inclusion, Exploring Multiple Perspectives	2005
Work-Based Return to Work - Turning a New Leaf	2004
Behavioural Cognitive Demands Analysis - Turning a New Leaf	2004
Learning to HelpHelping to Learn: Rehabilitation: A Forum for Learning and Capacity Building	2004
Renew the Passion - OSOT Fall Workshop	2003
Dialectical Behaviour Therapy	2003
Inter-Urban Pain Conference	2002
OSOT - Annual conference, Bill 59 Issues	2001
Inter-Urban Pain Conference	2001
TriJoint Conference (O.T. Physio, SLP)	2000
OT/PT Clinical Records & Third Party Payers	2000
Communication Solutions for Complex Injuries	1999
World Congress of Whiplash Associated Disorders - Vancouver	1999
Inter-Urban Pain Conference	1998
Inter-Urban Pain Conference	1997
International Association for the Study of Pain, 3rd World Congress Vancouver	1996
CAOT conference - Edmonton	1995
Inter-Urban Pain Conference	1995
Current Advances in Pain Management	1995
Inter-Urban Pain Conference	1994
Professional Development for Women	1994
Work Place 2000	1993
Fibromyalgia Syndrome, Patient Approach	1993
Short-term Therapy	1992
Clinical Behavioural Sciences, Level II Individual	1991
Clinical Behavioural Sciences, Level I Individual	1991
Assistive Devices Program Authorization	1990
Access to Health Care - The Multicultural Community	1990
Clinicians Workshop	1989
Unemployment and Mental Health	1989
Teaching in the Clinical Setting	1989
Tutor's Workshop	1989
Problem Based Learning Workshop	1989
Day in Pain	1989
Functional Capacity Evaluation	

# PROFESSIONAL ACTIVITIES

Clinical lecturer, appointed, McMaster University, Hamilton, Ontario	Since 1991
Longitudinal Facilitator, Medical Program McMaster University, Hamilton, ON	2005-2007

# Addendum to Curriculum Vitae of LESYA A. DYK

## **PRESENTATIONS:**

# **Invited:**

"The Back and the Use of Proper Body Mechanics: Workshop to O.T. staff, Chedoke-McMaster Hospitals	1989
"Prescription of Activity" Continuing Medical Education, McMaster University	1990
"Role of Occupational Therapy in Chronic Pain", Mohawk College	1990
"Inquiry Seminar - Pain", McMaster University	1991
"Dealing with the Chronic Pain Patient", Hamilton Hand Interest Group	1991
"Psychiatric Aspects of Chronic Pain Management" Haldimand Norfolk Mental Health Services	1993
"Assessment of Chronic Pain", Ontario March of Dimes	1993
"Criteria for Chronic Pain Programs", Joint meeting of occupational health nurses and Canadian Society of Safety Engineers	1994
"The Behavioural Assessment of Chronic Pain", Mohawk College, O.T.A. Program	1995
"Group Oriented vs. Individual Occupational Therapy Based Pain Programs" International Association for the Study of Pain, 3rd World Congress	1996
"Why Having An Occupational Therapist is Golden" Ontario Trial Lawyers Association	2007
"Helping Injured Workers" Hamilton Injured Workers Association	2010
"Issues with IE Assessments and Assessors: What is the recourse?" Hamilton Medical Legal Society	2012
Peer Reviewed:	
"Education, Empowerment and Advocacy: Issues in the Occupational Therapy Treatment of Chronic Pain", Focus on Rehabilitation, Hamilton, Ontario	1990
"Multiculturalism: The Treatment of Chronic Pain" CAOT Conference St. John's, Nfld.	1992

"Cultural Sensitivity in Health Care, Working with the Chronic Pain Client" Inter-Urban Pain Conference, Burlington, Ontario	1992
"The Behavioural Assessment of Chronic Pain in Occupational Therapy" CAOT Conference, Edmonton, Alberta	1995
"A Community Based Occupational Therapy Chronic Pain Program IASP World Congress, Vancouver, British Columbia	1998
"Self-Monitoring Diaries in the O.T. based treatment of Chronic Pain" Tri-joint 2000 Conference, Toronto, Ontario	2000
Courses Taught:	
<u>Undergraduate</u>	
McMaster University, Hamilton, Ontario Bachelor of Health Sciences Program, Unit I Problem Based Tutorials	1999
McMaster University, Hamilton, Ontario Bachelor of Health Sciences Program, Unit III, Problem Based Tutorials	1994-1998
McMaster University, Hamilton, Ontario Bachelor of Health Sciences Program, Block VI Problem Based Tutorials	1992-1993
McMaster University, Hamilton, Ontario Degree Completion Program, Social Topic - Psycho-social Issues	1990-1991
<u>Graduate</u>	
McMaster University, Hamilton, Ontario Master of Health Sciences Program, Unit I, Problem Based Tutorials	2000-2002
Workshops:	
Aetna Health Management - FAE Workshop	1997
McMaster University, Clinical Teaching Workshop, Program for Faculty Development, Tutor	1990 - 1993
McMaster University, Tutor Training Workshop Program for Faculty Development, Tutor	1991 - 1992
Women, Health - Equity Workshop, Multicultural Health Conference Facilitator	1990
Occupational Therapy Assistant's Workshop, Chedoke-McMaster	1990

## **Supervisorships:**

McMaster University, Occupational Therapy Program May - June, 2<sup>nd</sup> year student (6 weeks)

McMaster University, Occupational Therapy Program June-July, 1<sup>st</sup> year student (6 weeks)

McMaster University, Occupational Therapy Program Nov-Dec 2007, 2<sup>nd</sup> year student (6 weeks)

McMaster University, Occupational Therapy Program June-July 2009, 1<sup>st</sup> year student (6 weeks)

McMaster University, Occupational Therapy Program June-July 2010, 1<sup>st</sup> year student (6 weeks)

## **Administrative Responsibilities:**

College of Occupational Therapists of Ontario Council member, Current sitting President Executive Committee	2005-2011
Admission Interviews, McMaster University School of Occupational Therapy	1994
Focus on Employment Network, Vocational Rehabilitation Interest Group	Since 1989